Obstetrics Quiz

1. When is an unborn baby most at risk of developing a birth defect?
   A. First trimester
   B. Second trimester
   C. Last trimester
   D. All 9 months

2. Which of these are common birth defects associated with maternal pre-existing diabetes mellitus?
   A. Holoprosencephaly
   B. A-V canal defects in the heart
   C. Spina bifida
   D. Caudal regression
   E. both B and D

3. Which of these habits of the pregnant woman can be harmful to the fetus?
   A. Smoking
   B. Drinking alcohol
   C. Taking illegal drugs
   D. Sumba training
   E. A, B & C

4. Which of these vaccines should be up to date before the pregnancy because of the danger of the disease to the fetus?
   A. Tetanus
   B. Diphtheria-polio-tetanus
   C. Measles, mumps, and rubella
   D. Flu
   E. COVID

5. Having 400 mcg of folic acid daily 2 months prior to the pregnancy and during pregnancy. What can this help prevent in the baby?
   A. Respiratory distress
   B. Brain and spinal defects
   C. Blood disorders
   D. Learning disorders
   E. Cerebral palsy
6. Which of these medications can cause fetal effects if taken when pregnant?
   A. Warfarin
   B. co-amoxiclav
   C. Captopril
   D. unfractionated heparin
   E. A & C

Answers –

1. A
2. E
3. E
4. C
5. B
6. E

Prof. Tiran Dias MD FRCOG MD(Res)
Professor in Foetal Medicine & Obstetrics & Gynaecology
University of Kelaniya